



BACKPACKING TRIP

Parents,

We have entered the planning phase of a backpacking trip for July 2025. To help us with this planning phase we will need you to fill out this survey expressing your students interest. If you have two students that qualify for this trip please fill out a survey for each student. Filling out the survey does not guarantee your student a spot on the trip it simply communicates the interest so that we can better plan. Fill out the survey [HERE!](#)

This trip will be through the back country of Medicine Bow National Forest. We will be staying six nights on the trail carrying everything with us in our packs. Each person will be teamed in groups of three and will carry one of three items along with all of their personal belongings (tent, food, cooking supplies). The trail we will be taking is a 24 mile hike where we will trek up to 8 miles on longer days. We plan to hike 4-6 hours per day at high altitude with significant elevation changes. We give you these details now because this trip is an extremely physically taxing trip and is not for everyone. As you consider if you would like to go please be honest with yourself and aware of all of the challenges. The students will be taught how to setup a camp and make backpacking food over a jet boil stove and will have to learn to use the bathroom in the woods in a forest friendly way.

We will have certain qualifications to go on this trip. All students will have to fill out an application, complete a medical physical or health screen from their doctor, attend all required training meetings, and be regular attenders in the Headwaters Church Youth Group. All of these requirements are intentional to insure your safety and the success of our overall goal to build into the students already growing relationship with God and give them an experience unlike any other.





BACKPACKING TRIP CONTINUED



We believe this trip is life changing. We will encounter God's creation and build friendships in ways that cannot be duplicated in any other way. We will spend time in God's word and singing with each other each day as well as studying A Shepherd's Look at Psalm 23 together.

The cost of the trip is still pending a few large expenses mainly the transportation from here to Wyoming. The church provides most of the equipment that you will need (tent, bed mat, water filter, water bottles, cooking supplies, food, snacks for the trail, etc.). Aside from the cost of your

trip you will need to purchase Hiking boots (please ask us before you purchase so that we can approve the brand), a sleeping bag (we require a certain temperature)

as well as any clothing you may want specifically for the trip. We try to make the trip as affordable as possible using the youth budget and by caring for our own equipment well but please know there will be scholarship opportunities if needed.

As a reminder please fill out the survey that I have mentioned at the beginning of this letter. We have not yet determined how many students we will be bringing because we want to see the amount of interest that our students have. Again filling out the survey does not guarantee you are on the trip.

Finally there is a parent meeting that is REQUIRED in order to be considered for the trip. This meeting is on Sunday, May 5th from 3-5pm in the Sr. High Youth Room. Attending this meeting does not guarantee your ability to go on the trip but it does qualify you to register at a later date.

[FILL OUT THE SURVEY](#)

