

# Home Discipleship

## Family Activities

**Q: Did God create us unable to keep the law?**

**A: No, but because of the disobedience of Adam and Eve, we are all born in sin and guilt, unable to keep God's law.**

Key Verse: Romans 5:12

Key Passage: Romans 5:12-21

**Music:** For each question there is a song that can be found on the New City Catechism App. Listen to the song for this question and sing it as a family. Songs have a unique way of helping ingrain truths into our hearts. Look up "Jesus friend of sinners" by Casting Crowns. Enjoy worshiping as a family together with this song as a reminder of the incredible sacrifice that Jesus made on our behalf.

**Coloring Activity:** Coloring is a fun activity for all ages. And a great way to spend time thinking deeply about the spiritual truths that we have talked about today. On pages three and four you will find a color by number and a seek and find coloring page. Enjoy coloring these pages with your kids while asking them to tell the true history of Adam and Eve.

**Memory Activity:** Another great way to ingrain this truth into your family is to practice memorizing it with different activities.

This week, print each individual word of the question and answer on to a 3x5 card. First work together as a family scrambling the cards and organizing them in order with the question and answer. Then split the family into two teams and race to see who can organize the cards the fastest. Each time you finish a round read it out loud together. If you would like we also recommend doing this activity with the Key Verse above.

**Discussion Questions:** Discuss a few of these questions as a family to help everyone think deeper about their own lives with this doctrinal truth.

1. Put yourself in Adam or Eve's shoes, what should they have done when tempted by the serpent?
2. Compare Genesis 3 with Matthew 4. How did Jesus face Satan differently?
3. How can we learn how to face temptation based on the example of Jesus and the counter example of Adam.
4. What other passages in the Bible can help us with temptation?



HEADWATERS  
*Kids*

**Teaching Activities:** Teaching activities are meant to help reinforce the idea in the catechism question. Be sure to be asking kids questions as you do these activities to be sure that they see the connection.

**Activity #1:** Play a word association game with the kids. The rules of the game are that the children must say a word that is directly related to the previous word that is directly related to the previous word that is directly related to the previous word and that there can be no hesitation or repetition. If there is hesitation or repetition, that child must sit down and another child should be invited to his or her place. The game can carry on for as long as time allows. Invite two children to play the game. Give one of the children a word to start. Below are some words you should use. Every time the players change (through violations of hesitation or repetition), introduce a new word (if it hasn't already been said): Hopefully this game will bring out many words associated with the creation account and the subsequent entry of sin into the world.

Words to use: Adam, Eve, Sin, Good, Fall, Rejection, Rule, Serpent, Hope, Law, Moses

**Activity #2:** Provide large sheets of paper for the children to draw and write on with markers. Invite the kids to write all over the paper different words in different sizes anything that they can think of associated with creation (plants, animals, sounds, names, etc.). Encourage them to go back and read the creation account to inform their design. Help the children to reflect on what life may have been like at the beginning of creation. At least one teacher should also create a design. After the parent should also create a design. After the parent has finished his or her design, with the children watching, paint SIN in big black bold letters across the picture. Acknowledge that it's a shame to ruin lovely artwork, but explain that you are demonstrating how significantly sin affects God's creation. Give the children the option to illustrate the same thing on their artwork, but let them know it is okay for them to keep their drawing unruined if they prefer.

**Activity #3:** Accepting your sinfulness is a crucial aspect of the gospel, some may say it is the first step to accepting the gospel. Spend time with your kids talking about the truth of the gospel. Take them through the Bible and show them places in the Bible where we learn what the gospel is, start with Ephesians 2 and Romans 6. Ask your kids to write out the gospel in their own words. Have them practice being an Evangelist to a crowd of millions. Sharing the gospel is a great skill to learn. Help your kids develop confidence in their understanding of the gospel and ability to share it.

**Pray:** Take some time as a family to pray. Family prayer time is an incredible way to grow with one another and enjoy our God together! Pray to God for forgiveness, repent of your guilt and put your trust in Jesus and His faithfulness to forgive us from our sins. We are sinners but Christ provided a way for us not to forever live in that sin but be freed from that guilt and enjoy the love of God forever. Enjoy this gospel truth and praise God for the sacrifice He made to save you.



# Color by Number for People Disobeyed God

Color each section by the colors shown in the list at the bottom of the page. leave unnumbered sections white. If you don't have all of the colors listed make your best color choice.



1. Light green 2. Light blue 3. Red 4. Purple 5. Skin 6. Pink
7. Dark green 8. Gray 9. Dark Brown 10. Orange

## Hidden Pictures in People Disobeyed God

Find these objects hidden in the picture below: balloon, bird, bird nest, book, candy, fish, horseshoe, needle and thread, snail, and star.

