

Home Discipleship

Family Activities

Q: What does God require in the fourth and fifth commandments?

A: Fourth, that on the Sabbath day we spend time in worship of God. Fifth, that we love and honor our father and our mother.

Key Verse: Leviticus 19:3

Key Passage: Exodus 20:1-17

Music: For each question there is a song that can be found on the New City Catechism App. Listen to the song for this question and sing it as a family. Songs have a unique way of helping ingrain truths into our hearts. Follow this link for another song to help your kids learn the ten commandments <https://www.youtube.com/watch?v=OSXviJco41k>

Coloring Activity: Coloring is a fun activity for all ages. And a great way to spend time thinking deeply about the spiritual truths that we have talked about today. On page 3 of this document you will find a coloring page to remind you of the fourth commandment

Memory Activity: Another great way to ingrain this truth into your family is to practice memorizing it with different activities.

Print the Catechism question and answer and cut it up so that each word is on its own slip of paper. For younger kids you can put 2—3 words on each paper and for your older kids cut each slip up paper horizontally so that they have to match the words first then put the words in order. Have the children put the slips in order of the catechism question first let them see the question as they do it, then scramble it again and let them try by memory.

Catechism Review: wrap nine pieces of candy in paper to make presents. Write the numbers 1-9 on the wrapped candy present.

Play pass the present: pass one present at a time with music playing. Stop the music, whoever is holding the present has to recite the question and answer as best that they can that corresponds with the question number written on the present. If they are correct they get to unwrap the present and eat the candy! Keep playing until all of the presents have been unwrapped.



Teaching Activities: Teaching activities are meant to help reinforce the idea in the catechism question. Be sure to be asking kids questions as you do these activities to be sure that they see the connection.

Reasons for the Law

1. Make sure you remind the kids that the Israelites were getting these commandments while in the desert with anticipation of entering the Holy Land. A holy land that was filled with idol worship, murder, and impurity. God wanted his people to be pure and above reproach in their new holy land that He gave them The Law so that they would worship Him as the one true God.
2. God also wants to us to bring him glory. We must remember that bringing him glory is a purpose of our being created and the creation of His law assists us in doing that.
3. The Law also plays a role in showing his people that they are sinners. An important part of the gospel is understanding that you need saving. If God's people just felt perfect they would not long for a Messiah.
4. When believers understand their sin they then run to God for forgiveness. The commandments also serve the purpose of bringing Gods people back to him when they have sinned through forgiveness

Activity #1 On page five of this document you will find the letters LOVE vertically on the page. If you do not have a printer just write them just as they are on page five on a blank page. Help the children consider what it might mean to honor their parents in love. Have them think of examples that start with the letters L O V E. For example L—Listen to them. O—Obey them. V—Volunteer to serve and help them. E—eat my food with a cheerful attitude. Invite the children to write ideas on their paper of how they can honor their parents in love, both in the things they do and the things they choose not to do.

Activity #2 On page four of this document there is a special code to decipher. Challenge your children to work out what the sentences are, and make it a race against time. Once the children have cracked the code compare their code with the answers below.

1. That on the Sabbath day we spend time in worship of God
2. That we love honor our father and mother

Discussion Questions: Discuss a few of these questions as a family to help everyone think deeper about their own lives with this doctrinal truth.

1. Why is the Sabbath day important
2. What does it mean to honor our parents?
3. Why is it important to honor our parents?

Pray: Take some time as a family to pray. Family prayer time is an incredible way to grow with one another and enjoy our God together! Pray, thank God for teaching us about rest. Thank him for making it a command for us to have rest. Thank him for parents and providing the relationship of a family for us to grow and love one another.

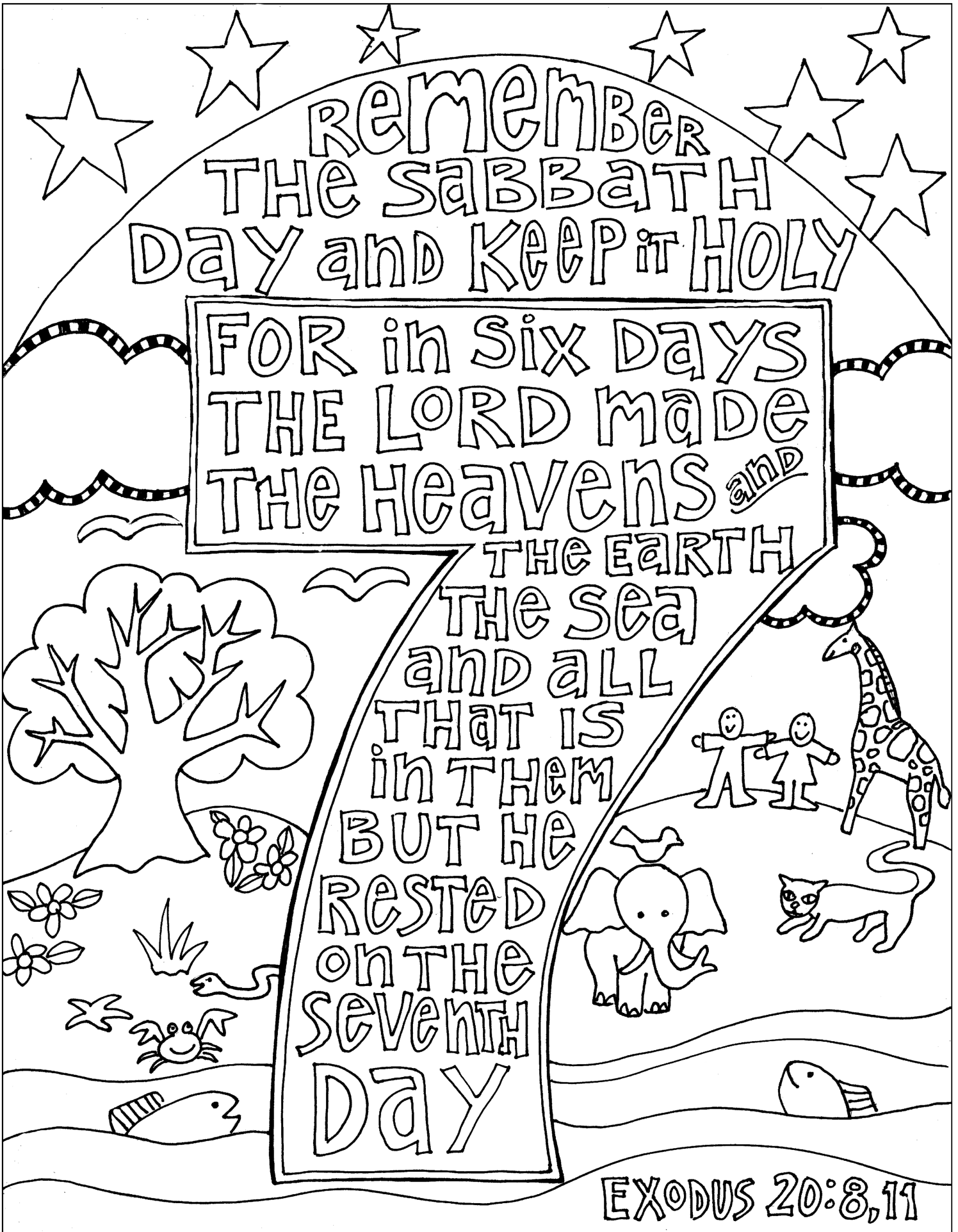


REMEMBER
THE SABBATH
DAY and KEEP it HOLY

FOR in SIX DAYS
THE LORD MADE
THE HEAVENS ^{and}

THE EARTH
THE SEA
and all
THAT IS
in THEM
BUT HE
RESTED
on THE
SEVENTH
DAY

EXODUS 20:8,11



Use the code below to decipher the symbols in sentences 1 and 2.

A=♣ B=Y C=* D=↓ E=÷ F=# G=ζ H=√
 I=♥ J=□ K=< L=+ M=Θ N=β O=∞ P≈
 Q=♪ R=\$ S=Δ T=† U=♦ V=Π W=% X=!
 Y=¶ Z=∫

1.

†√♣† ∞β †√÷ Δ♣YY ♣†√ ↓♣¶ %÷

Δ≈÷β↓ †♥Θ÷ ♥β %∞\$Δ√♥≈ ∞# ζ∞↓

2.

†√♣† %÷ +∞Π÷ ♣β↓ ↓∞β∞\$ ∞♦\$

#♣†√÷\$ ♣β↓ Θ∞†√÷\$

1.

2.

L

O

V

E