

# Home Discipleship

## Family Activities

**Q:** What is our only hope in life and death?

**A:** That we are not our own but belong to God.

Key Verse: Romans 14:7-8

Bible Passage: Romans 14:7-12

**Music:** For each question there is a song that can be found on the New City Catechism App. There is an instruction video with how to use the app on our website. Listen to the song for this question and sing it as a family. Songs have a unique way of helping ingrain truths into our hearts. There is also a great song written by Caedmon's Call called "Only Hope." Look this song up on YouTube and sing it together as a family

**Memory Activity:** Another great way to ingrain this truth into your family is to practice memorizing it with different activities.

This week, print each individual word of the question and answer on to a 3x5 card. First work together as a family scrambling the cards and organizing them in order with the question and answer. Then split the family into two teams and race to see who can organize the cards the fastest. Each time you finish a round read it out loud together. If you would like we also recommend doing this activity with the Key Verse above.

**Teaching Activity:** The key concept that we want to teach our kids this week is that they belong to God. And since they belong to God their life is different.

Gather various materials around the house that your kids really love. This could be their favorite toy, an iPad, a basketball, or a cereal box. You could even encourage your kids to go and grab from their room their favorite thing that they own. As you do a show and tell take an opportunity to ask the kids how belonging to God affects how they should use this specific toy? You can also point to the TV or ask how they should interact with one another as siblings.



**Discussion Questions:** Discuss a few of these questions as a family to help everyone think deeper about their own lives with this doctrinal truth.

1. How would someone who does not believe in Jesus answer the question of the week?
2. How will you seek always to have your hope in God?
3. What are some things that we often put our hope in instead of God?
4. Why do you think living for God can be hard sometimes?
5. Rewrite the question and answer in your own words.
6. How would you explain to a friend about your hope in life and death?
7. Can you think of any other Bible passages that talk about hope in life and death?

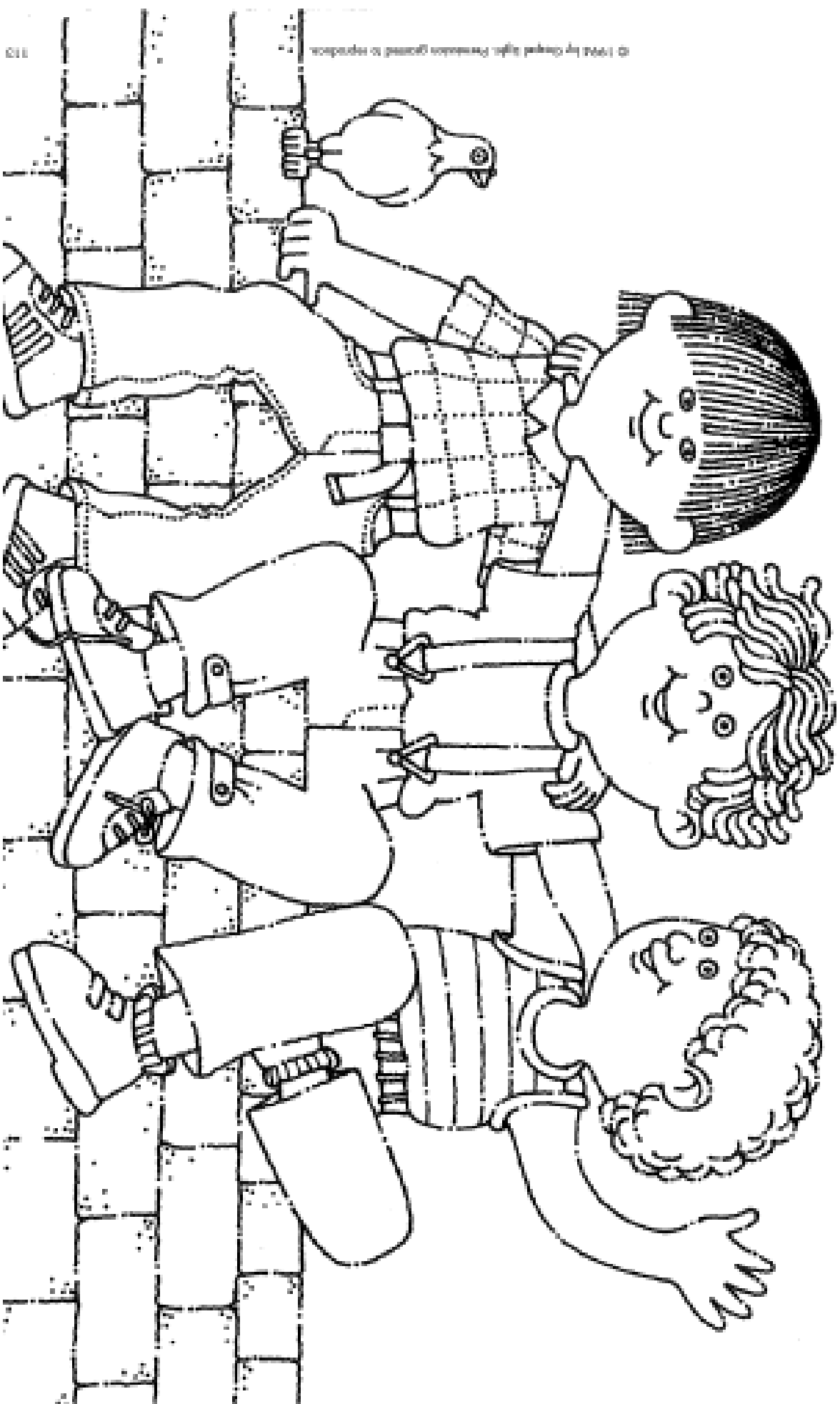
**Coloring Page:** Coloring is a fun activity for all ages. The coloring pages that follow speak to the incredible truth that we learned today, that we belong to God. There is a preschool and an elementary/teen coloring page to print out on the following two pages. Spend some time as a family coloring together and talking about what the discussion questions above. Be sure to look up 1 John 3:1 and talk about what that verse means, and how it relates to what we learned today.

**Pray:** Take some time as a family to pray thanking God for giving us hope in life and death. Read the Key Verse before you pray as a family and thank God for the incredible truth that we live and die to the Lord. Pray for this difficult time for our country as our leaders try to make very difficult decisions. Pray for the people in our church that everyone can stay healthy and that this can be a great time for our church to bring the gospel to the community and grow with one another closer to God.

There is also a prayer available on the App if you would like to read through that as a family for your prayer or before your prayer.



"How great is the love the Father has lavished on us,  
that we should be called children of God!" 1 John 3:1





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