

# New City Catechism: Question 10

**Question:** What does God require in the fourth and fifth commandments?

**Answer:** Fourth, that on the Sabbath day we spend time in public and private worship of God, rest from routine employment, serve the Lord and others, and so anticipate the eternal Sabbath. Fifth, that we love and honor our father and our mother, submitting to their godly discipline and direction.

## Leviticus 19:3

Every one of you shall revere his mother and his father, and you shall keep my Sabbaths: I am the Lord your God.

## DISCUSSION QUESTIONS

- I. What are some practical ways we can build the practice of Sabbath into our lives?
- II. How do we draw proper distinctions on Sabbath without becoming legalistic? (ie. Resting from work but not claiming it is sinful to buy groceries on a Sunday) Are there helpful principles to guide that distinction?
- III. How can we keep the practice of Sabbath from becoming a justification for laziness?
- IV. What does it look like to honor your parents when they are not honoring God?
- V. Are there any age limitations on honoring your father and mother?

